

What to do if you feel sick?

If you have just COVID-19 symptoms follow the steps below



Follow the steps below: If you are sick with COVID-19 or suspect you are infected with the virus that causes COVID-19, follow the steps below to help prevent the disease from spreading to people in your home and community.

- Stay home and self-isolate
 - You should restrict activities outside your home, except for getting medical care. Do not go to work, school, or public areas.
 - Seek prompt medical attention if your illness is worsening (e.g., difficulty breathing).

- Seek Medical Attention
 - Students can utilize the Medical Services Program by contacting Trinity Family Medicine at (432) 272-1072
Monday- Friday 8:00 AM to 5:00 PM
 - For assistance after hours or during the weekend:
 - On campus residents may call an RA to request assistance.
RDH Residents
(432) 307-5347
(432) 307-7942
PRH (Apartment) Residents
(432) 307-0712
(432) 528-9920
(432) 288-4013
 - Students not living on campus may call the Dean of Students office at (432) 203-5935

- Follow the instructions given by medical personnel
 - They may tell you to come in and call when you arrive, so they can give you a mask.
 - They may ask you to come in late in the day to prevent the spread of the virus.
 - They may advise where you can go for a screening.