



Bachelor of Science

KINESIOLOGY: Exercise Science

Degree Map | 2019-2020

	YOUR CLASS SCHEDULE	ACADEMIC ADVISING	ENRICHING EXPERIENCES	LIFELONG SUCCESS
Freshman	<ul style="list-style-type: none"> Complete core courses recommended for your degree plan Focus on Biology, Math, English, History, and Communication courses Enroll in 15 credit hours Fall and Spring semester. Enroll in KINE 1301 	<ul style="list-style-type: none"> Participate in New Student Orientation Meet with your Academic Advising Center Freshman Advisor before registration. Ask your Advisor about the KINE recommended core courses for your degree plan 	<p>Prioritize Your Wellness</p> <ul style="list-style-type: none"> Participate in campus recreation Attend Financial Literacy seminars Form healthy study habits <p>Build Your Community</p> <ul style="list-style-type: none"> Use FalconLink & attend Club Day Volunteer Attend campus events <p>Explore Your World</p> <ul style="list-style-type: none"> Attend an athletics event, musical performance, or visit the art gallery 	<p>Build Your Brand</p> <ul style="list-style-type: none"> Draft your resume Register for the Job Board <p>Craft Your Future</p> <ul style="list-style-type: none"> Explore career options Have coffee with a faculty member
Sophomore	<ul style="list-style-type: none"> Complete core courses recommended for your degree plan Focus on Anatomy, Physiology, Political Science, Psychology and Art courses Enroll in KINE 2306, KINE 2370 Enroll in 15 credit hours Fall and Spring semester 	<ul style="list-style-type: none"> Meet with your Academic Advising Center Advisor before registration. Ask your Advisor about the KINE recommended core courses for your degree plan 	<p>Prioritize Your Wellness</p> <ul style="list-style-type: none"> Enjoy outdoor spaces on campus <p>Build Your Community</p> <ul style="list-style-type: none"> Join an organization Explore campus leadership (SGA, Orientation Leader, Resident Asst.) <p>Explore Your World</p> <ul style="list-style-type: none"> Consider study abroad Attend a lecture series 	<p>Build Your Brand</p> <ul style="list-style-type: none"> Update your resume Join LinkedIn Consider student employment <p>Craft Your Future</p> <ul style="list-style-type: none"> Participate in mock interviews Attend an internship/career fair
Junior	<ul style="list-style-type: none"> Focus on Major and Minor Coursework Enroll in KINE 3310, KINE 3350, KINE 3151, KINE 3340. Enroll in 15 credit hours Fall and 15 credit hours Spring semester. 	<ul style="list-style-type: none"> Meet with your Kinesiology Academic Advisor before registration. 	<p>Prioritize Your Wellness</p> <ul style="list-style-type: none"> Attend a health fair <p>Build Your Community</p> <ul style="list-style-type: none"> Run for organization officer role Apply to be a Falcon Ambassador <p>Explore Your World</p> <ul style="list-style-type: none"> Consider study abroad Participate in service learning 	<p>Build Your Brand</p> <ul style="list-style-type: none"> Update your resume Conduct research with faculty <p>Craft Your Future</p> <ul style="list-style-type: none"> Search for internships or fellowships
Senior	<ul style="list-style-type: none"> Focus on Major and Minor Coursework Enroll in KINE 4300, KINE 4320/4350. Enroll in 15 credit hours Fall and Spring semester. 	<ul style="list-style-type: none"> Meet with your Kinesiology Academic Advisor before registration. 	<p>Prioritize Your Wellness</p> <ul style="list-style-type: none"> Attend financial literacy seminars <p>Build Your Community</p> <ul style="list-style-type: none"> Attend your ring ceremony Join Alumni Association upon graduation <p>Explore Your World</p> <ul style="list-style-type: none"> Consider study abroad (summer prior to senior year) 	<p>Build Your Brand</p> <ul style="list-style-type: none"> Update your resume Present research <p>Craft Your Future</p> <ul style="list-style-type: none"> Choose your practicum experience Apply for jobs

UTPB students will graduate with these skills:

- Leadership
- Problem-solving
- Communication
- Entrepreneurship
- Social Responsibility
- Confidence
- Global Awareness
- Teamwork
- Critical Thinking

Career opportunities:

- Biomechanist
- Cardiac Rehabilitation
- Coaching at School
- Epidemiologist
- Exercise Physiologist
- Program Director
- Medical Doctor
- Strength Coach



Bachelor of Science in Kinesiology Minimum Requirements

Semester 1

ENGL 1301 English
 HIST 1301 History
 MATH 1314 Math
 BIOL 1306/1106 Biology with lab
 UNIV 1101 Freshman Seminar

14 hours

Semester 2

ENGL 1302 English
 HIST 1302 History
 PSYC 1301 Psychology
 BIOL 1307/1107 Biology with lab
 KINE 1115 Beginning Swimming

14 hours

Semester 3

PLSC 2305 Political Science
 ENGL 2300 Level Literature Survey
 BIOL 3350/3151 Human Anatomy
 KINE 1301 Concepts of Fitness
 COMM 1315/1115 Communications

17 hours

Semester 4

PLSC 2306 Political Science
 BIOL 3352/3153 Human Physiology
 KINE 2306 First Aid
 Creative Arts (3 hours)
 Lower Level Minor Course (3 hours)

16 hours

Semester 5

KINE 1112 Aerobics
 KINE 2370 Care & Prevention
 KINE 3310 Motor Development
 KINE 3340 Analysis of Human Movement
 KINE 3350/3151 Exercise Physiology with Lab
 Elective (3 hours)

17 hours

Semester 6

KINE 1159 Weight Training
 KINE 4350 Exercise Psych
 KINE 4360 Exercise for Special Populations
 Upper Level Minor Course (3 hours)
 Upper Level Minor Course (3 hours)
 Elective (3 hours)

16 hours

Semester 7

KINE 4362 Cardiorespiratory Physiology
 KINE 4365 Strength & Conditioning
 KINE 4393 Practicum I
 Upper Level Minor Course (3 hours)
 Upper Level Minor Course (3 hours)

15 hours

Semester 8

KINE 4300 Measurement of
 KINE 4364 Exercise & Nutrition
 KINE 4394 Practicum II
 Upper Level Minor Course (3 hours)

12 hours

- If a student uses any of the required core courses toward their minor, they must take an additional elective of equal hour value to replace the minor hours.