YOUR CLASS SCHEDULE | ACADEMIC ADVICE | ENRICHING EXPERIENCES | LIFELONG SUCCESS
---|---|---|---
**Freshman**
- Complete core courses recommended for your degree plan
- Focus on Biology, Math, English, History, and Communication courses
- Enroll in 15 credit hours Fall and Spring semester.
- Enroll in KINE 1301
- Participate in New Student Orientation
- Meet with your Academic Advising Center Freshman Advisor before registration.
- Ask you Advisor about the KINE recommended core courses for your degree plan
- Prioritize Your Wellness
  - Participate in campus recreation
  - Attend Financial Literacy seminars
  - Form healthy study habits
- Build Your Community
  - Use FalconLink & attend Club Day
  - Volunteer
  - Attend campus events
- Explore Your World
  - Attend an athletics event, musical performance, or visit the art gallery
- Build Your Brand
  - Draft your resume
  - Register for the Job Board
  - Craft Your Future
  - Explore career options
  - Have coffee with a faculty member

**Sophomore**
- Complete core courses recommended for your degree plan
- Focus on Anatomy, Physiology, Political Science, Psychology and Art courses
- Enroll in KINE 2306, KINE 2370
- Enroll in 15 credit hours Fall and Spring semester.
- Meet with your Academic Advising Center Advisor before registration.
- Ask your Advisor about the KINE recommended core courses for your degree plan
- Prioritize Your Wellness
  - Enjoy outdoor spaces on campus
- Build Your Community
  - Join an organization
  - Explore campus leadership (SGA, Orientation Leader, Resident Asst.)
- Explore Your World
  - Consider study abroad
  - Attend a lecture series
- Build Your Brand
  - Update your resume
  - Join LinkedIn
  - Consider student employment

**Junior**
- Focus on Major and Minor Coursework
- Enroll in KINE 3310, KINE 3350, KINE 3151, KINE 3340.
- Enroll in 15 credit hours Fall and 15 credit hours Spring semester.
- Meet with your Kinesiology Academic Advisor before registration.
- Prioritize Your Wellness
  - Attend a health fair
- Build Your Community
  - Run for organization officer role
  - Apply to be a Falcon Ambassador
- Explore Your World
  - Consider study abroad
  - Participate in service learning
- Build Your Brand
  - Update your resume
  - Conduct research with faculty

**Senior**
- Focus on Major and Minor Coursework
- Enroll in KINE 4300, KINE 4320/4350.
- Enroll in 15 credit hours Fall and Spring semester.
- Meet with your Kinesiology Academic Advisor before registration.
- Prioritize Your Wellness
  - Attend financial literacy seminars
- Build Your Community
  - Attend your ring ceremony
  - Join Alumni Association upon graduation
- Explore Your World
  - Consider study abroad (summer prior to senior year)
- Build Your Brand
  - Update your resume
  - Present research

UTPB students will graduate with these skills:
- Leadership
- Problem-solving
- Communication
- Entrepreneurship
- Social Responsibility
- Confidence
- Global Awareness
- Teamwork
- Critical Thinking

Career opportunities:
- Coaching at School
- Strength Coach
- Program Director
### Bachelor of Science in Kinesiology Minimum Requirements

<table>
<thead>
<tr>
<th>Semester 1</th>
<th>Semester 2</th>
</tr>
</thead>
<tbody>
<tr>
<td>ENGL 1301 English</td>
<td>ENGL 1302 English</td>
</tr>
<tr>
<td>HIST 1301 History</td>
<td>HIST 1302 History</td>
</tr>
<tr>
<td>MATH 1314 Math</td>
<td>COMM 1315/1115 Communications</td>
</tr>
<tr>
<td>BIOL 1306/1106 Biology with lab</td>
<td>PSYC 1301 Psychology</td>
</tr>
<tr>
<td>UNIV 1101 Freshman Seminar</td>
<td>BIOL 1307/1107 Biology with lab</td>
</tr>
<tr>
<td><strong>14 hours</strong></td>
<td><strong>17 hours</strong></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Semester 3 S1 (Sophomore semester 1)</th>
<th>Semester 4 S2 (Sophomore semester 2)</th>
</tr>
</thead>
<tbody>
<tr>
<td>PLSC 2305 Political Science</td>
<td>PLSC 2306 Political Science</td>
</tr>
<tr>
<td>ENGL 2300 Level Literature Survey</td>
<td>KINE 2370 Care &amp; Prevention</td>
</tr>
<tr>
<td>KINE 2385 A&amp;P for KINES</td>
<td>KINE 3310 Motor Development</td>
</tr>
<tr>
<td>KINE 1301 Concepts of Fitness</td>
<td>KINE 3350/3151 Exercise Physiology with Lab</td>
</tr>
<tr>
<td>KINE 2306 First Aid</td>
<td>KINE 1115 Beginning Swimming</td>
</tr>
<tr>
<td>Creative Arts (3 hours)</td>
<td>Creative Arts (3 hours)</td>
</tr>
<tr>
<td><strong>15 hours</strong></td>
<td><strong>17 hours</strong></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Semester 5 J1 (Junior semester 1)</th>
<th>Semester 6 J2 (Junior semester 2)</th>
</tr>
</thead>
<tbody>
<tr>
<td>KINE 3332 Instructional Styles for Diverse Learners</td>
<td>KINE 3330 Phys. Activity for Handicapping Conditions</td>
</tr>
<tr>
<td>KINE 3340 Analysis of Human Movement</td>
<td>KINE 4350 Exercise Psychology</td>
</tr>
<tr>
<td>KINE 4300 Measurement of Performance</td>
<td>KINE 1159 Weight Training</td>
</tr>
<tr>
<td>KINE 1112 Aerobics</td>
<td>Upper Level Minor Course (3 Hours)</td>
</tr>
<tr>
<td>Minor Course (3 Hours)</td>
<td>Upper Level Minor Course (3 Hours)</td>
</tr>
<tr>
<td>Elective (3 hours)</td>
<td>Elective (3 hours)</td>
</tr>
<tr>
<td><strong>16 hours</strong></td>
<td><strong>16 hours</strong></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Semester 7 S1 (Senior 1 semester 1)</th>
<th>Semester 8 S1 (Senior 2 semester 2)</th>
</tr>
</thead>
<tbody>
<tr>
<td>KINE 3360 Coaching of Sports</td>
<td>KINE 4310 Sports Skills Analysis</td>
</tr>
<tr>
<td>KINE 4340 Sociology of Sport</td>
<td>KINE Elective (3 Hours)</td>
</tr>
<tr>
<td>KINE 4365 Concepts in Strength and Conditioning</td>
<td>KINE 4392 Practicum</td>
</tr>
<tr>
<td>KINE 4391 Contract Study</td>
<td>Upper Level Minor Course (3 Hours)</td>
</tr>
<tr>
<td>Upper Level Minor Course (3 Hours)</td>
<td>Upper Level Minor Course (3 Hours)</td>
</tr>
<tr>
<td>Upper Level Minor Course (3 Hours)</td>
<td><strong>12 hours</strong></td>
</tr>
<tr>
<td><strong>15 hours</strong></td>
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</tbody>
</table>

- If a student uses any of the required core courses toward their minor, they must take an additional elective of equal hour value to replace the minor hours.