



# Sickle Cell Trait Policy

## FACTS ABOUT SICKLE CELL TRAIT

Please read and initial by each of the following statements:

- \_\_\_\_\_ Sickle cell trait is an inherited condition of the oxygen-carrying protein hemoglobin which is found in red blood cells.
- \_\_\_\_\_ Sickle cell trait is a common medical condition most predominately found in African-Americans, but people of all races and backgrounds may test positive.
- \_\_\_\_\_ Sickle cell trait is generally benign, and almost all of the 3 million Americans with sickle cell trait live healthy, normal lives. However, during maximal exercise the oxygen levels in muscles can decrease enough to cause some of the red cells to change from normal disk shape to a crescent or sickle shape. These sickle-shaped red blood cells can block blood vessels in muscles, kidneys, and other organs resulting in severe damage to the involved tissues potentially leading to death.

## SICKLE CELL TRAIT WAIVER

I, \_\_\_\_\_ understand and acknowledge that by signing this waiver that the NCAA and University of Texas Permian Basin require that all student-athletes have knowledge of their sickle cell trait status. Additionally, I certify that I have read and fully understand the aforementioned facts about sickle cell trait testing and have had the opportunity to review the NCAA website for further information about sickle cell trait and sickle cell trait testing (<https://www.ncaa.org/sites/default/files/NCAASickleCellTraitforSA.pdf>). Recognizing that my true physical condition is dependent upon an accurate medical history and a full disclosure of any symptoms, complaints, prior injuries, ailments and/or disabilities experienced, I hereby affirm that I have fully disclosed in writing any prior medical history and/or knowledge of sickle cell trait status to the University of Texas Permian Basin Athletic Department. I do not wish to undergo sickle cell trait testing and I voluntarily agree to release, discharge, indemnify, and hold harmless the University of Texas Permian Basin, its officers, employees, agents, and their successors from any and all costs, liabilities, expenses, claims demands, or causes of action, including attorney’s fees, arising from any loss or personal injury that might result from my non-compliance with the requirements of the NCAA and the University of Texas Permian Basin to be tested. I have read and signed this document with full knowledge of its significance. I further state that I am at least 18 years of age and competent to sign this waiver.

I have read and understand the information on this form.

\_\_\_\_\_  
Student-Athlete Name

\_\_\_\_\_  
Sport

\_\_\_\_\_  
Student-Athlete Signature

\_\_\_\_\_  
Date

